

NLSA GOALKEEPER COACH DIPLOMA COURSE

NLSA is very excited to offer coaches the opportunity to attend its first GK Diploma Course. This 14-hour course will combine theoretical and practical components of GK Coaching.

Components covered include:

- Principles of Development
- Role of the GK Coach
- Goalkeeping Psychology
- Energy Systems
- Warm Up
- Foot Work and Set Position
- Basic Handling
- Shot Stopping
- GK Session Planning
- Incorporating GK training in the Team Environment

Upon completion, coaches will be awarded the NLSA GK Coaching Diploma Certificate.

Cost: \$340.00

May 1st & 2nd, 2020 9:00 am to 5:00 pm each day

St John's, NL

Contact Mark Marshall for more information or to register

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